

# Unbundling the Effects of College on First-Job Search: Returns to Majors, Minors, Internships, Study Abroad, and Computer Skills

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SOLE - May 4, 2024

# Initial match between new college graduates and their first job

## The importance of college graduates' first jobs

- ▶ Growth in **college-educated** workers and college premium (Autor et al., 2020)
  - ▶ Long-term effects of **initial** labor market conditions and **first jobs**  
(von Wachter, 2020; Arellano-Bover, 2024)
- ⇒ The annual sorting of college seniors & first jobs is key, from **individual and aggregate** perspectives

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## Labor demand for newly minted US college graduates

- ▷ A college education is a **multidimensional** package
- ⇒ What are the **causal effects** of majors, minors, and other heterogeneous college experiences on **first-job search**?

# This paper

## Large-scale résumé audit study

- ▶ Submitted 36,880 fictitious résumés of graduating seniors
- ▶ Randomly assigned résumé characteristics
- ▶ Spring-summer seasons of 2016 and 2017

## Estimate causal callback returns to:

1. Majors
2. Minors
3. Internship experience
4. Study Abroad experience
5. Computer skills

# Key features of the audit study

## Callback returns: callback as outcome measure

- ▶ Limitations, yet simple and conceptually attractive
- ▶ More callbacks → greater choice set → higher first-job quality
- ▶ Tight 2016-17 labor market:
  - ▶ Callback rate more likely to proxy **job quality** rather than employment margin

## Targeted, large-sample focus on **labor-market entrants** and first jobs

## Map job postings' text into **occupation codes**

- ▶ *Heterogeneity*: **Ex-post** occupation wage **growth**
- ▶ *Heterogeneity*: **Skills** requirements
  - ▶ **Analytical** skills
  - ▶ **Interpersonal** skills

# Are college graduates lacking soft, non-cognitive, life skills?



THE WALL STREET JOURNAL.

## New Grads Have No Idea How to Behave in the Office. Help Is on the Way.

As the Class of 2023 enters the workforce, employers are seeing a lack of the skills necessary to navigate the office. The solution: instruction on how to send an email, the right way to buttonhole the boss and what not to wear.



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# Are college graduates lacking soft, non-cognitive, life skills?



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**NEWS**

## Employers Say Students Aren't Learning Soft Skills in College

Part 2: College grads are deficient in critical thinking, teamwork, speaking and writing, executives say

October 21, 2019 | [Dana Wilkie](#)



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Feedback

## Literature contribution

### 1. Returns to college field of study

Altonji et al., 2012; Altonji et al. 2016; Hastings et al., 2013; Nunley et al., 2016; Kirkeboen et al., 2016; Bleemer and Mehta, 2022; Choi et al., 2023

- Causal first-job callback returns to eight common US majors
- First estimates of returns to *minors*

### 2. Returns to other, heterogeneous college investments

Kessler et al., 2019; Cheng and Florick, 2020; Margaryan et al., 2022

- Causal returns to internships, study abroad experience, and computer skills
- Broadly representative of students at large, public flagship universities
- Precise estimates of returns to study abroad, link to soft skills

### 3. First-job matching and young workers' labor market entry

Kahn, 2010; Oreopoulos et al., 2012; Altonji et al., 2016; Weinstein, 2018; Schwandt and von Wachter, 2019; Weinstein, 2022; Arellano-Bover, 2021, 2022, 2024

- Comprehensive characterization of labor demand for college labor-market entrants
- Show what college experience features matter most for first-job matching



# Experimental Design

# The audit: Job ads

- ▶ Two rounds: April–July 2016 and April–July 2017
- ▶ Popular internet job board
- Create job bank:
  - ▶ White-collar jobs (sales, banking, customer service, finance, insurance, marketing)
  - ▶ Not requiring: training/certifications, foreign languages
  - ▶ Jobs posted in the last seven days
- Randomly selected 9,220 unique job postings from job bank ▶ occ. distribution

# The audit: Résumés with randomly assigned attributes (Lahey and Beasley, 2009)

12 public flagship universities across the five Census regions

Estimate callback returns to **five attributes**:

1. **Major**: Economics, Biology, Chemistry, Finance, Marketing, Psych., Anthropology, Philosophy
2. **Minor**: No minor, History, Math
3. **Internship**: None, social internship (sales), quantitative internship (analyst)
4. **Study abroad**: Yes/no
5. **Computer skills**: None, basic, data analysis, programming, data analysis + programming

Other common résumé characteristics [▶ more](#)

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Other common résumé characteristics [▶ more](#)

⇒ **36,880** résumés sent to **9,220** unique job postings (four per job ad)

→ *Callback rate = 14.95%*

# Empirical Approach

# Empirical Approach

Estimate versions of:

$$\text{Callback}_i = \delta + \mathbf{R}'_i \beta + \mathbf{X}'_i \gamma + \Phi_{u(i)} + \psi_{j(i)} + \nu_i$$

- ▶  $\mathbf{R}'_i$  = résumé characteristics vector (majors, minors, internships, study abroad, computer skills)
- ▶  $\mathbf{X}'_i$  = applicant's race/ethnicity and gender
- ▶  $\Phi_{u(i)}$  = university fixed effects
- ▶  $\psi_{j(i)}$  = job ad fixed effects

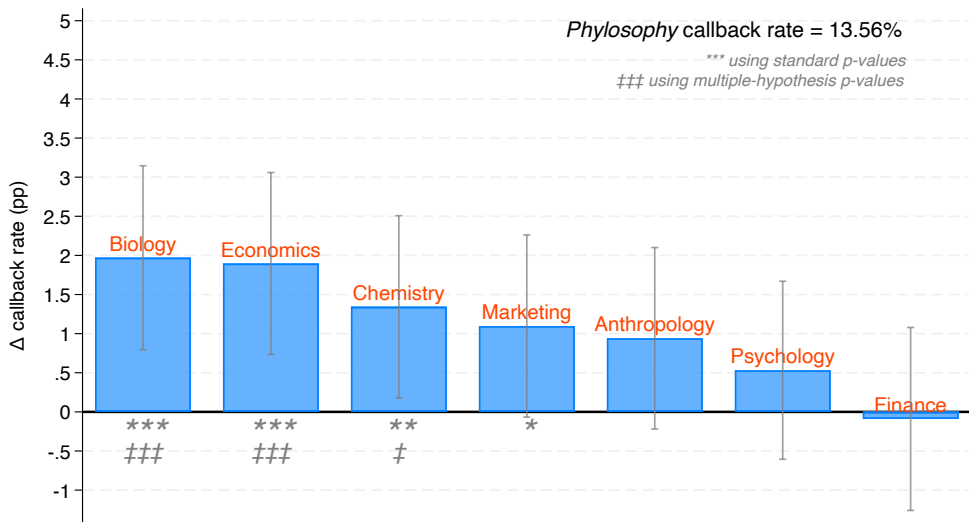
Standard errors clustered at the job ad level

Report standard  $p$ -values and  $p$ -values that account for multiple hypothesis testing

(Romano and Wolf, 2005a,b; 2016)

# Main Results

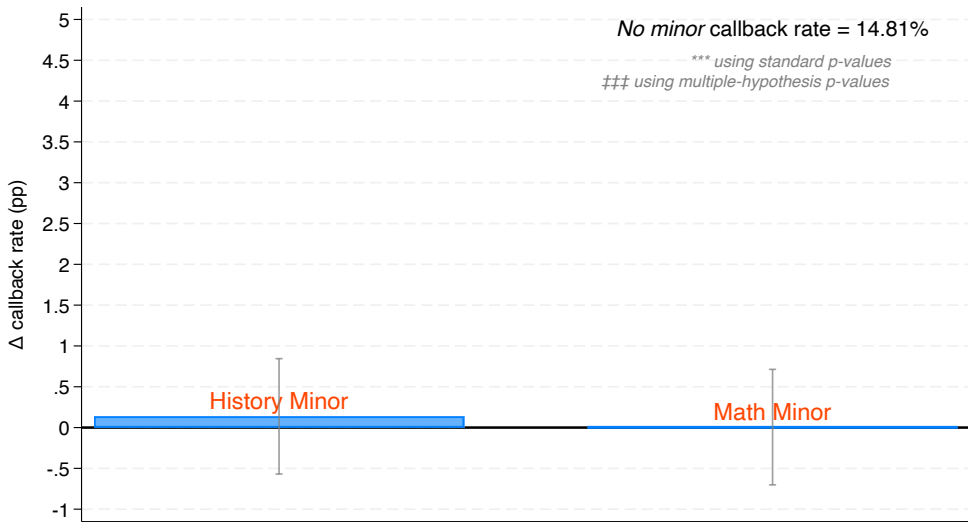
# Majors matter



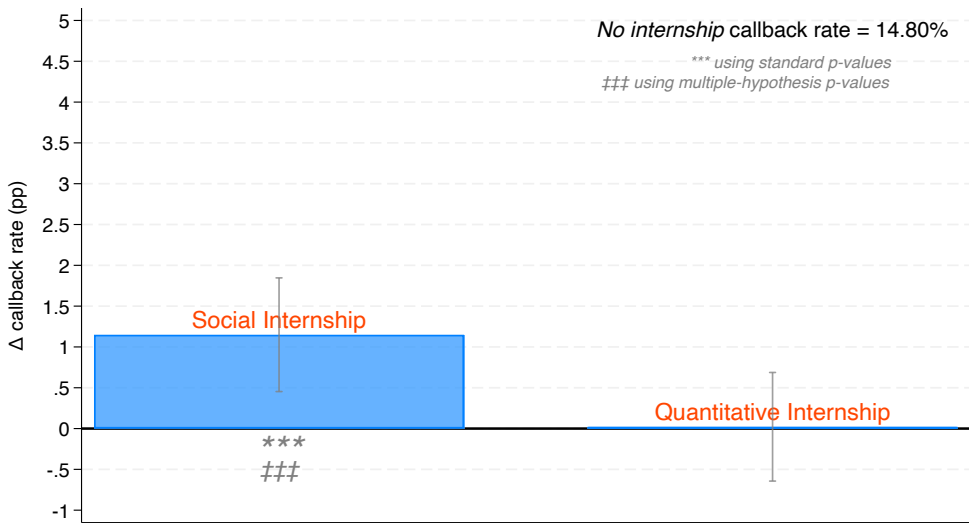
$p$ -value (standard) of joint test where  $H_0$  is equal callbacks across majors = 0.002



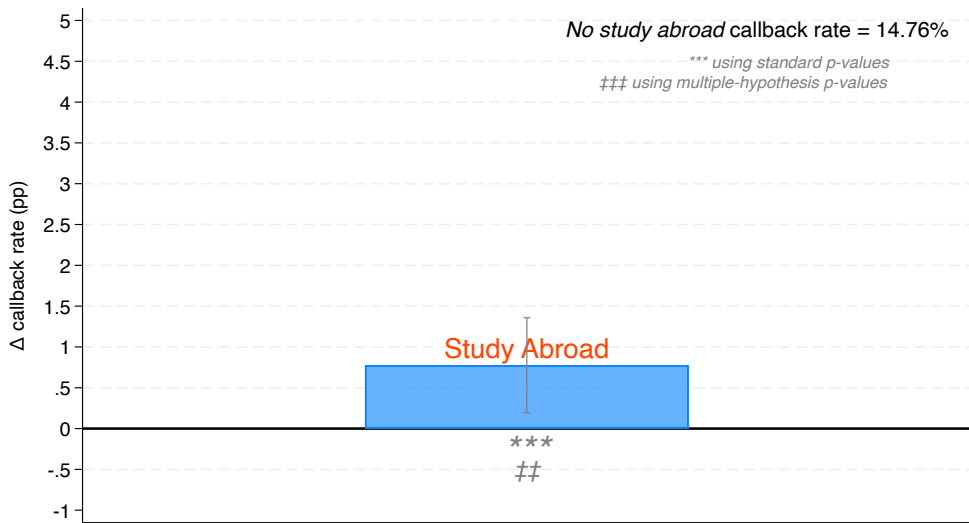
# The irrelevance of Minors



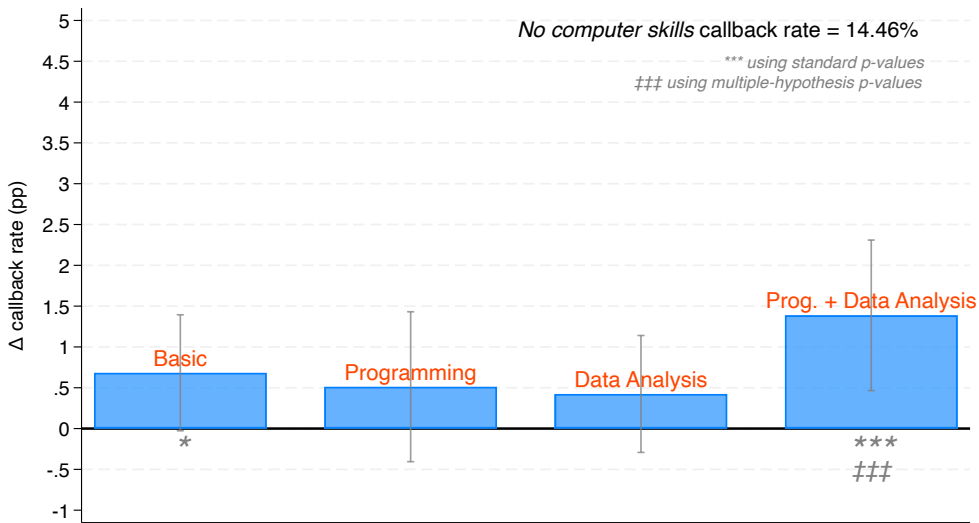
# Social internships help, quantitative ones don't



# Positive returns to Study Abroad experience



# Only advanced computer skills help



# Heterogeneous Returns

## Job ad text → occupations → heterogeneity

Split sample by above/below median:

1. Ex-post occupational wage growth (2016/17–2019/20) (ACS)
2. Analytical skills intensity (*O\*NET*)
3. Interpersonal skills intensity (*O\*NET*)

# Job ad text → occupations → heterogeneity

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Select heterogeneity results:

- ▶ **Majors** matter more in highly **analytical-skill-intensive** jobs [▶ go](#)
- ▶ **Minors' irrelevance** holds across subsamples [▶ go](#)
- ▶ **Social internships** more valuable in highly **interpersonal-skill-intensive** jobs [▶ go](#)
- ▶ **Study abroad** more valuable in highly **interpersonal-skill-intensive** jobs [▶ go](#)
- ▶ **Advanced computer skills** similarly valuable in low/high analytical-skill jobs [▶ go](#)

Conclusion



# Large-scale audit study on US college graduates' first-job match

- ▶ Causal **callback returns** to curricular and extracurricular experiences:  
Majors, minors, internship experience, study abroad, computer skills
- ▶ New insights into **labor demand** in this crucial matching
- ▶ Precise **zero returns** to **History/Math minors**
- ▶ Firms value **analytical** majors (Bio, Econ) and advanced computer skills
- ▶ Firms value **social/life skills** of social internships and study abroad
- ▶ Conclusions **could vary**: business cycle (bust years) or technological change  
→ Small yet revealing window in the labor market entry of 2016–17 cohorts

# Large-scale audit study on US college graduates' first-job match

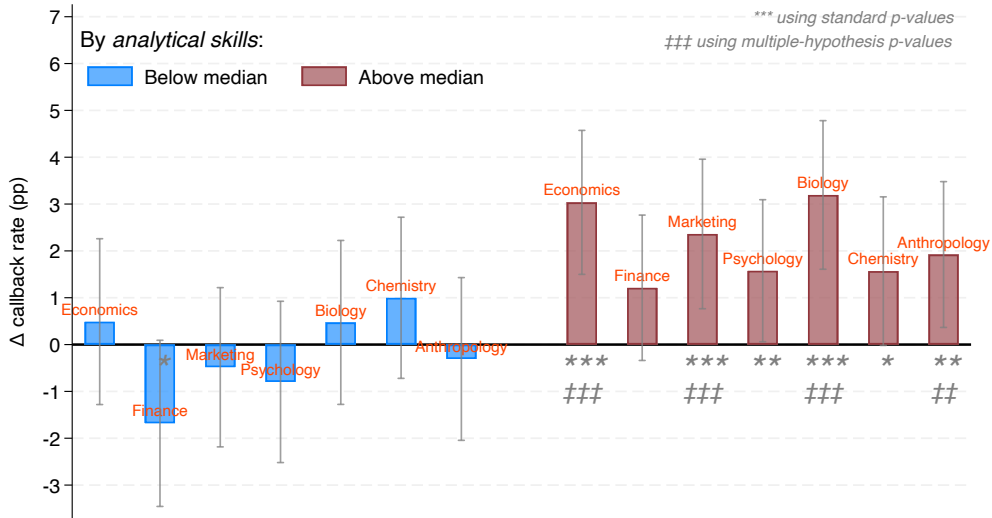
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**Thanks!**

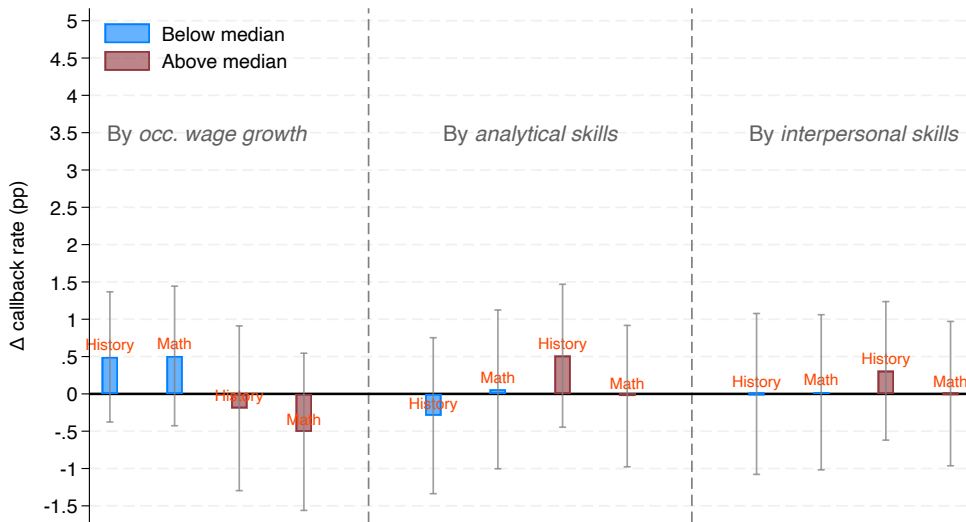
**Jaime Arellano-Bover:** [jaime.arellano-bover@yale.edu](mailto:jaime.arellano-bover@yale.edu)

## APPENDIX SLIDES

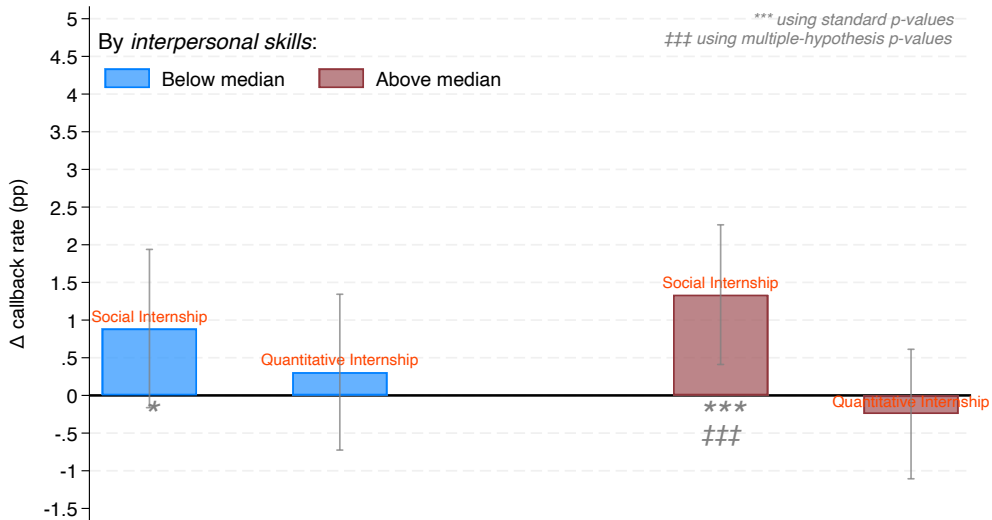
# Majors by analytical skills



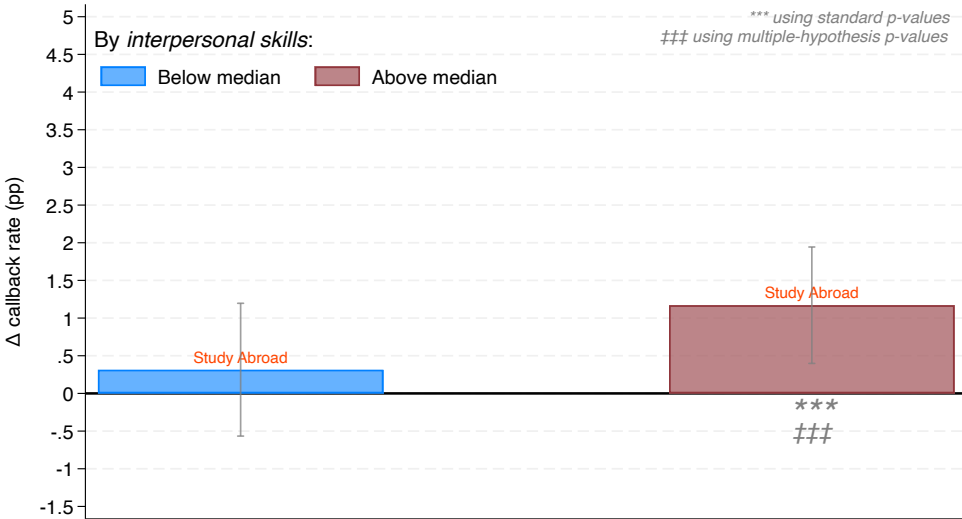
# Minors are irrelevant across the board



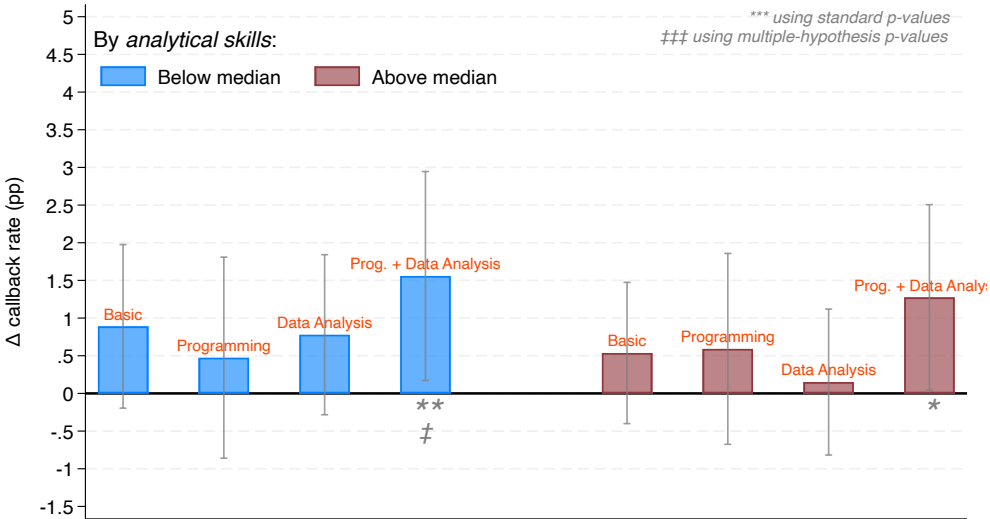
# Internships by interpersonal skills



# Study abroad by interpersonal skills



# Computer skills by analytical skills





# 3-digit occupation distribution of job postings

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**Table A1: Summary Statistics for and Probabilities Assigned to Résumé Characteristics**

Résumé Characteristic	Mean/Std. Dev.	Assigned Probability	Résumé Characteristic	Mean/Std. Dev.	Assigned Probability	Résumé Characteristic	Mean/Std. Dev.	Assigned Probability
Demographic-Black	0.329 (0.470)	0.333	Major-Philosophy	0.124 (0.329)	0.125	Computer-Data Analysis	0.250 (0.433)	0.250
Demographic-Hispanic	0.336 (0.472)	0.333	Major-Chemistry	0.125 (0.330)	0.125	Computer-Basic Skills	0.250 (0.433)	0.250
Demographic-Women	0.500 (0.500)	0.500	Major-Biology	0.124 (0.329)	0.125	Language-Native Fluent	0.082 (0.275)	0.083
University-Southeast #1	0.082 (0.275)	0.083	Major-Psychology	0.126 (0.332)	0.125	Language-Native Proficient	0.085 (0.279)	0.083
University-Southeast #2	0.085 (0.279)	0.083	Minor-Mathematics	0.252 (0.434)	0.250	Language-Nonnative Fluent	0.084 (0.277)	0.083
University-Midwest #1	0.083 (0.276)	0.083	Minor-History	0.245 (0.430)	0.250	Language-Nonnative Proficient	0.085 (0.279)	0.083
University-Midwest #2	0.083 (0.275)	0.083	GPA-3.8 and 4.0	0.250 (0.433)	0.250	Volunteer Work	0.250 (0.433)	0.250
University-Midwest #3	0.085 (0.278)	0.083	GPA-3.4 and 3.6	0.248 (0.432)	0.250	College Job-Sales	0.335 (0.472)	0.333
University - Northeast 1	0.084 (0.277)	0.083	GPA-3.0 and 3.2	0.250 (0.433)	0.250	College Job-Campus Employment	0.337 (0.473)	0.333
University-Northeast #2	0.085 (0.279)	0.083	Intern-Marketing Analyst	0.083 (0.276)	0.083	Study Abroad-Italy	0.035 (0.185)	0.031
University-Southwest #1	0.084 (0.278)	0.083	Intern-Financial Analyst	0.083 (0.277)	0.083	Study Abroad-Mexico	0.035 (0.184)	0.031
University-Southwest #2	0.080 (0.271)	0.083	Intern-Marketing Sales	0.083 (0.276)	0.083	Study Abroad-China	0.037 (0.188)	0.031
University-West #1	0.083 (0.276)	0.083	Intern-Financial Sales	0.082 (0.274)	0.083	Study Abroad-Dubai	0.035 (0.184)	0.031
University-West #2	0.084 (0.278)	0.083	Intern-General Research	0.083 (0.275)	0.083	Study Abroad-Argentina	0.036 (0.186)	0.031
Major-Finance	0.124 (0.330)	0.125	Intern-General Sales	0.082 (0.275)	0.083	Study Abroad-South Africa	0.036 (0.186)	0.031
Major-Marketing	0.126 (0.332)	0.125	Computer-Programming and Data Analysis	0.124 (0.330)	0.125	Study Abroad-Japan	0.036 (0.186)	0.031
Major-Anthropology	0.124 (0.329)	0.125	Computer-Programming	0.126 (0.331)	0.125	Cover Letter	0.250 (0.433)	0.250

Notes: Mean and standard deviations for each variable capturing the randomly assigned résumé credentials as well as the assigned probabilities. Each variable name includes a group identifier, such as "Demographic", "University", "Major", etc., followed by the name of the variable.